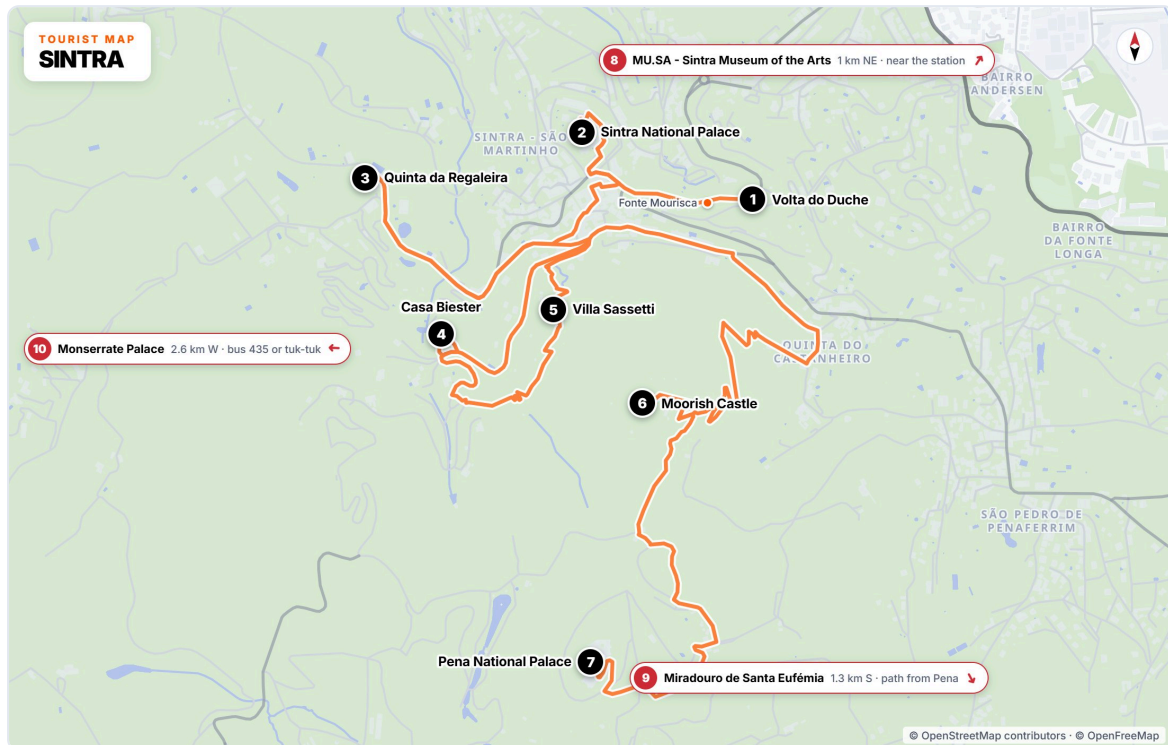


TOURIST MAP

Sintra Tourist Map

10 top sights, hidden gems and a walking route through the centre. Numbers follow the walking order. Red numbers are worth a separate trip.



● Top sight on the route ● Worth the trip ● Hidden gem — Walking route 6.9 km · 2 h 00

1 Volta do Duche	Between Sintra station and the historic centre.	6 Moorish Castle	On the ridge above the historic centre.
2 Sintra National Palace	In the historic centre.	7 Pena National Palace	On the hilltop above the town.
3 Quinta da Regaleira	A short walk uphill from the historic centre.	8 MU.SA - Sintra Museum of the Arts	near the station
4 Casa Biester	Just above Quinta da Regaleira.	9 Miradouro de Santa Eufémia	path from Pena
5 Villa Sassetti	On the footpath up to the Moorish Castle.	10 Monserrate Palace	bus 435 or tuk-tuk

Getting around

- The town is walkable but steep: the route on the map starts on the Volta do Duche and links seven sights on foot, from the National Palace and Quinta da Regaleira up to the Moorish Castle and the Pena Palace, climbing steeply through the forest from the centre to Pena.
- From Lisbon: CP trains on the Sintra line run from Rossio, Entrecampos and Oriente stations; Sintra station is 10 to 15 minutes on foot from the historic centre.
- Bus 434 runs a loop from Sintra station up to the Moorish Castle and Pena Palace, returning through the historic centre, which saves the climb. Bus 435 runs west past Quinta da Regaleira to Monserrate, about 3 km from the centre; the Convento dos Capuchos is a 40-minute walk from the nearest stop of bus 1253 (Carris Metropolitana), or a taxi ride.
- Queluz Palace is on the same train line: get off at Queluz-Belas or Monte Abraão, about 1 km from the palace.
- Paper maps and timetables: the official information points are listed on <https://touristoffice.org/sintra-tourist-office/>

About this map

The sights, photos and descriptions come from touristoffice.org/sintra/, where each sight has opening details, tickets and a longer guide. Addresses come from OpenStreetMap. The walking route was computed with the Valhalla pedestrian profile; its time excludes the visits. Hours and access change, check before you go. Edition: October 2026.

Licence: free to share and adapt with a credit and a link

The map, the walking route, the texts and the design of this document are © 2026 World Tourist Office and released under the Creative Commons Attribution 4.0 International licence (creativecommons.org/licenses/by/4.0/). You may copy, print, share and adapt them, also commercially, as long as you credit World Tourist Office and link to touristoffice.org/sintra-tourist-map/. The photos are not covered by this licence: they are © their respective owners, used here under their own licences, and may not be extracted or reused separately. Where a photo carries its own credit line, that credit and its licence apply. Map data © OpenStreetMap contributors under the Open Database Licence (www.openstreetmap.org/copyright), tiles © OpenFreeMap; keep that credit in every copy. The World Tourist Office name and logo are trademarks and are not licenced.

Credit to copy: Sintra Tourist Map by World Tourist Office, touristoffice.org/sintra-tourist-map/, CC BY 4.0. Map data © OpenStreetMap contributors.

The 10 top sights

In walking order, with the full address of each one. Red numbers are worth a separate trip: they sit outside the centre, so the line below each one gives the transport to use.



1 Volta do Duche Between Sintra station and the historic centre.

This tree-lined promenade linking the station to the old town costs nothing to walk, laid out after the railway arrived in the 19th century on the site of a former public bathhouse. The Neo-Arabic Fonte Mourisca stands along the way.

Address Volta do Duche, 2710-579 Sintra

Photo: "Volta do Duche promenade in Sintra" by Gabriel Perazzo www.flickr.com/people/41750561@N05, CC BY 2.0 creativecommons.org/licenses/by/2.0/

Free, open at all hours.



2 Sintra National Palace In the historic centre.

Two conical chimneys crowning the royal kitchen give the country's oldest palace its unmistakable silhouette over the rooftops of the old town. Documented from 1281 under King Dinis, it grew for three centuries into a maze of tiled halls, among them the Swan Room and the Room of the Coats of Arms, painted for Manuel I with the arms of 72 noble households. Moorish, Gothic and Manueline work sits side by side, the record of every reign that added a wing.

Address Largo Rainha Dona Amélia, 2710-616 Sintra

Ticketed.



3 Quinta da Regaleira A short walk uphill from the historic centre.

Luigi Manini built this hillside estate for the magnate Carvalho Monteiro between 1904 and 1910, folding Gothic, Renaissance and Manueline detail into a palace, a chapel and gardens that read like a puzzle. The grounds carry the drama: a spiral Initiation Well drops through nine symbolic levels underground, linked by tunnels to grottoes, a waterfall lake and terraces stacked up the slope. Entry runs in timed slots, with an hour of grace after the booked time.

Address Rua Barbosa du Bocage, 5, 2710-567 Sintra

Timed entry · Tickets and tours sintratickets.org/quinta-da-regaleira/



4 Casa Biester Just above Quinta da Regaleira.

Luigi Manini and José Luis Monteiro designed this Romantic house and its wooded park on the edge of the historic centre.

Address Avenida Almeida Garrett 1A, Sintra

Photo: "Casa Biester turret among the palms" by Ray Swi-hymn www.flickr.com/people/46218178@N02, CC BY-SA 2.0 creativecommons.org/licenses/by-sa/2.0/

Ticketed.



5 Villa Sassetti On the footpath up to the Moorish Castle.

This villa's gardens and hiking trail are a quiet stretch of mossy granite boulders and winding paths on the way up toward the Moorish Castle.

Address Entrance near Largo Ferreira de Castro, Sintra

Free, gardens and trail open from 10:00 to 18:00.



6 Moorish Castle On the ridge above the historic centre.

Moorish builders raised this fortress on the ridge above the town, and Christian forces retook Sintra in 1147. Its ramparts snake along the crest in granite blocks fused to the bedrock, running between watchtowers and a keep, with the old town, Pena Palace and the Atlantic laid out below. The parapet walk is stepped and uneven from end to end, so the visit is closer to a hike than a stroll, and the climb up from the centre is steep enough that many take the 434 bus from the station instead.

Address Estrada da Pena, 2710-609 Sintra

Ticketed · Tickets and tours sintratickets.org/moorish-castle/



7 Pena National Palace On the hilltop above the town.

Ferdinand II bought a ruined 1503 monastery on this peak in 1838 and wrapped a Romanticist palace around it, all yellow, red and tilework, with turrets, a working drawbridge and terraces looking out over the whole Serra de Sintra. Wilhelm Ludwig von Eschwege drew the design, mixing Manueline and Moorish Revival flourishes wing by wing. The wooded park below is ticketed separately from the palace, which admits visitors only at the time printed on the ticket.

Address Estrada da Pena, 2710-609 Sintra

Timed entry, park sold separately · Tickets and tours sintratickets.org/pena-palace/



8 MU.SA - Sintra Museum of the Arts In Estefânia near the train station.

A contemporary art museum in the converted Neo-Art-Nouveau building of the former Sintra Casino, on the avenue that runs through Estefânia towards the station.

Address Avenida Heliodoro Salgado, 2710-575 Sintra

Photo: "Former Sintra Casino, home to MU.SA" by Diogo Baptista, CC BY-SA 4.0 creativecommons.org/licenses/by-sa/4.0/

Worth a separate trip · 1.0 km NE of the centre · near the station · Free, Tuesday to Sunday; closed on Mondays and most public holidays.



9 Miradouro de Santa Eufémia On the hilltop south-east of the Pena National Palace.

This viewpoint on a summit above town has a picnic area and the site of a 13th century chapel, with a view that stretches from Queluz to the Atlantic.

Address Calçada de Santa Eufémia, Sintra

Photo: "View from the Miradouro de Santa Eufemia" by Vitor Oliveira www.flickr.com/people/21446942@N00, CC BY-SA 2.0 creativecommons.org/licenses/by-sa/2.0/

Worth a separate trip · 1.3 km S of the centre · path from Pena · Free, open at all hours.



10 Monserrate Palace Past Seteais on the Colares road.

A stucco-laced dome crowns this mix of Moorish, Gothic and Indian detail, set in a garden of plants from five continents. Roof works keep the palace scaffolded into 2027.

Address Rua Visconde de Monserrate, 2710-591 Sintra

Worth a separate trip · 2.6 km W of the centre · bus 435 or tuk-tuk · Ticketed.

5 hidden gems

Smaller places from the same guide, each with its address. Those outside the map frame show their distance from the centre.

Fonte Mourisca

This Neo-Arabic fountain on the road into town costs nothing to see, its horseshoe arch and Mudejar tilework rebuilt at Volta do...

Volta do Duche, 2710-579 Sintra

Queluz Palace

Largo Palácio de Queluz, 2745-191 Queluz · 12.6 km SE of the centre, outside the map

Praia das Mações

This golden-sand beach at the mouth of the Macas river is free public shoreline, with cafes, a saltwater pool and a promenade...

Rua Nossa Senhora da Praia, 2705-310 Colares · 7.6 km NW of the centre, outside the map

Neighbourhoods

Historic centre

The old town gathers around the Sintra National Palace (2), easy to spot by its two white conical chimneys. The Volta do Duche (1) promenade leads in from the station, and narrow lanes climb from the palace square past pastry shops selling travesseiros and queijadas.

Quinta da Regaleira and the west road

A short walk west of the centre, Quinta da Regaleira (3) hides grottoes, tunnels and the Initiation Well in its gardens, and Casa Biester (4) rises from its wooded park just above. The same road carries on past grand summer villas towards Seteais and Monserrate.

Monserrate and the Sintra hills

West of town, Monserrate Palace (10) sits in a garden of plants from five continents. Deeper in the forest, the Convento dos Capuchos is a tiny friary lined with cork.

Convento dos Capuchos

Estrada dos Capuchos, 2710-405 Sintra · 4.4 km W of the centre, outside the map

Cabo da Roca

Free to visit at any hour, the clifftop, lighthouse grounds and Camoes inscription cost nothing to see, with just a small shop...

Estrada do Cabo da Roca, Colares · 9.6 km W of the centre, outside the map

Estefânia

The newer quarter around the train station grew up after the railway arrived in the 19th century. Its main avenue holds MU.SA (8), a contemporary art museum in the former casino.

The Pena hill

Villa Sassetti (5) marks the start of the climb, below the Moorish Castle (6) and its walls along a granite ridge. The Pena National Palace (7) crowns the next summit in red and yellow, and the Santa Eufémia viewpoint (9) looks back at both from the hilltop beyond.

Queluz

Halfway to Lisbon on the train line, the pink rococo Queluz Palace was the summer residence of the Portuguese royal family. Its formal gardens and tiled canal are a stop on the way back to the capital.